

CERTIFICATE

OF PARTICIPATION

This is to certify that

Rochelle Glynn van Heerden

Has successfully participated & completed the

35km Medium Race Hazeldean Cowhouse Summer MTB Race

held at Cowhouse Market.

TIME 02:02:58

PACE 17.08km/h

OVERALL 221 of 341

GENDER 50 of 82

VETERAN 17 of 28

18 January 2020, Sat

Date



